

MMC Regn. No. 2007/05/1478

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Consultant Aesthetic (Cosmetic) Plastic surgeon

Profile at a Glance:

- ~ A Dedicated and extremely patient person, adept professional offering **over 14 years** of experience in Plastic surgery.
- ~ Hands-on experience in **Aesthetic (Cosmetic) & Reconstructive Plastic Surgery**.
- ~ An innovative & diligent person with artistic vision & immense knowledge & understanding of human aesthetics .
- ~ Having special interest & skills in aesthetic surgeries.

Won accolades from National and International authors for developing newer and easier techniques to improve results in rhinoplasty.

Won N.H. Antia award for best article of the year 2016 for Article “ **Namaste (counterbalancing) technique: Overcoming warping in costal cartilage.**

Won Prestigious “Peet Prize” for best research paper in 2016 for “**Acetic acid dressings: Finding the Holy Grail for infected wound management.**

***Selected for 2nd phase of BMJ Award .**

Written Chapters in Text book of Plastic Surgery-

- 1. Secondary rhinoplasty.**
- 2. Burn of trunk and genitalia.**

PROFESSIONAL EXPERIENCE

Work Experience

Growth Chart:

- ~ *Post M. Ch. Experience (August 2005-till date)*
- ~ *During M. Ch. Experience -TNMC & B.Y.L. Nair Ch. Hospital, Mumbai. (May 2002 - Aug 2005)*

⇒ **Post M.CH**

Presently working as Professor(Addl.), Dept. of Plastic surgery, Seth G.S. Medical College & K.E.M. Hospital, Mumbai .

Visiting Consultant Aesthetic Plastic Surgeon at Saifee, Breachcandy and Wockhardt Hospitals, Mumbai

***RESEARCH PUBLICATIONS**

Title	Publication Details
1. Autologous Fat Transfer for Esthetic Contouring of Face in Posttraumatic Nonfunctional Maxillofacial Deformities	CMTR2016 JUN 9(2)P 113-20
2. Text Neck View A new photographic tool for assessment of nasal dorsum in crooked noses.	PRS VOL 138 VIEWPOINTS P 166e-167e
3. A refined technique for management of nasal flaring: The quest for Holy Grail of alar base modification	APS Vol. 43 / No. # / Month 2016
4. Total nasal septal reconstruction with costal cartilage in difficult cases of secondary septoplasty.	Plastic and Aesthetic Research Journal
5. Management of complications of Medpor® implants in rhinoplasty	Plastic and Aesthetic Research Journal <i>Plast Aesthet Res</i> 2017;4:54-6
6. A novel technique for correction of congenital cleft of ala	JCLPCA 2014 VOL 1(2) P 119-21
7. Esthetic makeover of a syndromic face	July-December 2014 / Vol 1 / Issue 22014;1:112-4.
8. A New Minimally Invasive Aesthetic Procedure for Correction of Frontal Coup de Sabre Deformity in Romberg	J. Maxillofac. Oral Surg. (2015) 14(Suppl 1):S401
9. Namaste (counterbalancing) technique: Overcoming warping in costal cartilage	May-August 2015 Vol 48 Issue 2 ;48:123-8.
10. Ossified costal cartilage during rhinoplasty: A surgical dilemma	IJPS 2015;48P :327-8.
11. Ride on technique and other simple and logical solutions to counter most common complications of silicone implants in augmentation rhinoplasty	May-August 2015; Vol 48 Issue 2 48:172-7
12. A Novel Technique of Defattening Large Full Thickness Skin Grafts	Journal of Clinical and Diagnostic Research. 2015 Dec, Vol-9(12): PL01
13. Diced cartilage under perichondrial carpet with reinforcement (DCUP) technique for nasal dorsal augmentation	JCLPCA 2016 VOL 3(1)P3-8

14. An innovative technique for Columellar reconstruction using flip-over buccal mucosal flap	Journal of Clinical and Diagnostic Research. 2016 Jul, Vol-10(7): PD05-PD06
15. Ingenious technique of smoothening costal cartilage graft by glass polishing disc.	Indian Journal of Plastic Surgery May-August 2016 Vol 49 Issue 2 P.288-89
16. Revisiting Mehendales needle holder for cleft palate surgery A gift from the bygone era	Indian Journal of Plastic Surgery May-August 2016 Vol 49 Issue 2 P 293-94
17. Acetic acid dressings: Finding the Holy Grail for infected wound management	Indian Journal of Plastic Surgery, March : 2017 Vol : 50 Issue : 3 Page : 273-280
18. "Use of "Tent - pole" graft for setting columella- lip angle in rhinoplasty"	Plastic and Aesthetic Research Journal <i>Plast Aesthet Res</i> 2018;5:13.

CHAPTERS WRITTEN IN TEXT BOOK OF PLASTIC SURGERY

1. Secondary rhinoplasty
2. Burns of trunk and genitalia

Invited and guest speaker and faculty in various National and International conferences, workshops and cadaveric dissection courses.

LIFE MEMBERSHIP

- APSI (Association of Plastic Surgeons of India)
- ISAPS(International society of aesthetic Plastic Surgeons)
- MAPS (Maharashtra Association of Plastic Surgeons)
- NABI (National association of burns India)
- IAAPS(Association of Aesthetic Plastic Surgeons of India)
- MPCAPS (MP & Chhattisgarh Association of Plastic Surgeons)
- Cleft Association of India.
- Association of Medical Consultants, Mumbai.
- Indian Medical Association, Mumbai, India.

Academic Awards:

1.Peet Prize 2016 for “Acetic Acid Dressings”: Finding the Holy Grail for Infected Wound Management.

2.N H Antia best publication award- for article “Namaste (counterbalancing) technique”: Overcoming warping in costal cartilage.

EXTRA CURRICULAR ACTIVITIES

Singing:

- All the 5 years of M.B.B.S. I got “**Best Singer**” Award.
- **Doordarshan (National television), Raipur** had recorded a patriotic song in my voice and relaying it on occasions.
- All the three years of M.Ch. I sang in all college programmes.
- Performing at national level on Sh. Mohd. Rafi’s death anniversary every year.

Painting: I do painting and crafting regularly.

- During M.B.B.S. Two times I participated in **painting competition** and got first prize on both occasions.
- Pursuing the hobby.
- Drawn diagrams by myself for all the articles published and chapter written on Secondary rhinoplasty.

PROFESSIONAL / EDUCATIONAL QUALIFICATION

- ⇒ **M.Ch (Plastic surgery)** from T.N. Medical college & B.Y.L. Nair CH. Hospital, Mumbai University, Mumbai (Maharashtra) Passed **Aug / Sep 2005** at **First Attempt.**
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- ⇒ **M.S. (Gen. Surg.)** from Bangalore Medical College & Bowring Hospital, Rajiv Gandhi University of Health Sciences, Bangalore (Karnataka) Passed **Sep / Oct 2000** at **First Attempt.**
- ⇒ **M.B.B.S** from Pt. J.N.M. Medical College & M.C. Hospital, Pt. Ravishankar Shukla University, Raipur (M.P.) Passed March 1996 at **First Attempt.**
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